

NATURAL NAILS

Natural Nail Care

File + Polish (30m)	£15.00	French Manicure (45m)	£23.00
Manicure (30m)	£19.00	Spa Manicure (45m)	£28.00

Spa Manicure

An invigorating crystal exfoliation and moisturising manicure that helps reduce visible signs of ageing. The exfoliation and use of heated mitts leaves skin exceptionally smooth and pampered.

Spa Pedicure

Bring the soothing touch of the sea to your feet with a Spa Pedicure. Breathe deeply, lay back, and indulge the most neglected part of your body.

Toe Reshape + Polish (30m)	£18.00
Toe French Polish (30m)	£25.00
Spa Pedicure (1hr)	£45.00

Please remember to bring open toe shoes for all of the above appointments.

NAIL ENHANCEMENTS

Have your nails lengthened and strengthened by an award winning Master Nail Technician and former Educator for Creative Nail Design.

Full Set (1hr 30m)	£55.00	Soak Off + Manicure (1hr)	£30.00
Maintenance (1hr)	£30.00	Soak Off + Full Set (2hr)	£65.00

Minx is a revolutionary new nail covering. A favourite of stars including Beyoncé Knowles, Lady Gaga and Victoria Beckham. Choose from liquid gold, silver, fishnet, polka dots, cheetah print and many more. Guaranteed to remain perfect and chip free for 4–6 weeks. Perfect nails without the hassle. An added bonus is that Minx is friendly to the environment and does not require chemicals to apply or to remove, so don't feel guilty – go on Minx yourself!

Toe Nail Prep and Minx Application (45 Mins)	£30.00
Spa Pedicure plus Minx Application (1 Hour 15 Mins)	£60.00

THALGO FACIAL CARE

Absolute Hydration Mini Facial (45m) £35.00

This mini facial will provide your skin with all it needs to be intensely restored and refreshed.

Cold Marine Facial (1hr) £48.00

A refreshing, soothing treatment based on reviving marine and plant extracts. Incorporating a cool mint mask to reduce redness, high colour and sensitivity. Perfect for skin prone to blotchiness.

O2 Marine Facial (1hr) £48.00

An intensive treatment for dull, polluted or stressed skin. This 'booster' facial increases oxygen absorption through marine and plant proteins – resulting in a brighter, clearer skin.

Moisture Source Facial (1hr) £48.00

A truly hydrating moisture treatment with active marine ingredients. Improves skin texture and will leave your skin soft and radiant.

Skin Perfecting Microdermabrasion Facial (1 Hour) £45.00

A unique facial that offers the exceptional deep exfoliating properties of microdermabrasion without a machine, combined with chemical peeling that will stimulate cell renewal and regeneration. The skin is left with unrivalled smoothness and a texture that is dazzling. Recommended as a course of 6. (Buy a course of 5 and receive your 6th facial free)

Fundamental Wrinkle Control Facial (1 Hour) £55.00

This anti-wrinkle facial has been specially designed to target specific problematic lines and wrinkles. The facial uses a high-tech dual action mask that is enriched with Substance Initiale Marine and deep penetrating & filling Hyaluronic acid.

BODY TREATMENTS

Body Polish (45m) £40.00

Full body exfoliation and rehydration. Smooths and refines skin texture.

Massage

Relaxing massage to soothe and relieve tension.	
Face, Neck, Head and Shoulders (30m)	£29.50
Back, Neck + Shoulders (30m)	£29.50
Full Body (1hr)	£45.00
Full Body including Face & Head (1hr 30m)	£65.00

WAXING

Eyebrow (15m)	£12.00	Half Leg (15m)	£19.50
Lip (5m)	£9.00	Half Leg + Bikini (30m)	£29.00
Chin (15m)	£9.00	Half Leg + Brazilian (30m)	£36.00
Lip + Chin (15m)	£13.00	Half Leg, Bikini + Underarm (30m)	£36.00
Underarm (15m)	£12.00	Half Leg, Brazilian + Underarm (45m)	£44.00
Bikini (15m)	£15.00	Full Leg (30m)	£31.00
Brazilian Bikini (30m)	£24.50	Full Leg + Bikini (30m)	£37.50
Half Arm (15m)	£16.00	Full Leg + Brazilian (30m)	£47.00
Full Arm (30m)	£19.00	Full Leg, Bikini + Underarm (45m)	£47.00
Chest (30m)	£22.00	Full Leg, Brazilian + Underarm (45m)	£52.50
Back (30m)	£22.00		

MAKE UP

Have your make up professionally applied for any occasion, by a M.A.C. trained artist. Please book a trial appointment for bridal make-up. (45m) £37.00

SELF TANNING

St Tropez Original (1hr) £48.00
The original salon tanning treatment using St Tropez Autobronzant Lotion – includes full body exfoliation and preparation.

Please wear loose, dark clothing, open shoes or sandals For best results leave the tan to develop overnight before showering off.

EYE ENHANCEMENTS

Eyebrow Shape / Wax (15m)	£12.00
Eyebrow Tint (5m)	£9.00
Eyelash Tint* (30m)	£15.50
Eyelash + Brow Tint* (30m)	£21.00

*A patch test is required 24 hours prior to treatment.

Nouveau lashes are state of the art lashes that give you longer, thicker, very natural looking eyelashes. Soft and curved just like natural lashes they are applied to each lash individually. Lasting up to 3 months with maintenance required every 2–3 weeks.

Full Set £90.00 / Halfset £55.00 / Maintenance £40.00 Strip Lash Application £13.50

inner
sanctuary BEAUTY

Inner Sanctuary is a purpose designed Beauty Salon within Medusa. The salon's design and décor help promote relaxation and tranquility whilst our therapist strives to provide you with outstanding care and customer service.

We offer a range of treatments which are suitable for men and women of all ages. Homecare advice and further treatment recommendations are given to assure optimum results from your appointment.

Retail items are available to complement your treatment, which include products from Creative Nail Design, Thalgo and St Tropez.

Your feedback on all our treatments and products is always valued.

e: claire@medusahair.co.uk

p: 0131 622 7277

inner sanctuary

at medusa

26 bread st, edinburgh, 0131 622 7277

www.medusahair.co.uk

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A 50% cancellation charge may apply if notice is given less than 24 hours in advance.